

ARKIS FLAMES

Monthly

Newsletter

ARKIS



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مدرسة عبدالرحمن كانو الدولية
Abdul Rahman Kanoo International School



What an amazing month it was!

Bravo and thank you, to everyone who took part in preparation, organization and participation. Sports Day in ARKIS is categorized as a House Event in which students compete with each other for their own Houses. We planted a seed of strong bonds and supportive relationships and atmosphere within each house. We proudly say that our students showcase good sportsmanship and teamwork. Everyone was included and engaged which is our biggest pride and success.



Elementary School kicked off the annual season of ARKIS Sports Day on Sunday 4th February. Students enjoyed a variety of physical activities while earning points for their houses. The standing after the first day: **1st Oryx, 2nd Pearl; 3rd Dhow and 4th Palm.**

The day after, KS3 had their Sports day and completely changed the standing after an active and exciting day. Palm went to the 1st place, Dhow 2nd, Oryx 3rd and Palm 4th. KS4 and 5 had an unique first and last ever Sports Day at ARKIS. After the athletic races, football matches, basketball matches and paddle matches the standing was changed again.

The Dhow 1st, Oryx 2nd, Palm 3rd and Pearl 4th place!



Then the youngest members of ARKIS family, our Preschoolers have decided the overall standing:

1st place Dhow 907 points
2nd place Oryx 834 points
3rd place Palm 742 points
4th place Pearl 741 points



CONGRATULATION TO DHOW HOUSE FOR THE FIRST HOUSE SPORTS DAY WIN!



Well done to all other houses for fairplay, sports spirit, good sportsmanship and encouragement to fight until the last game for each point. Without you there would be no winners!

PALM HOUSE

Sports day was an exhilarating event, brimming with energy and enthusiasm! As we reflect on the day's festivities, I want to extend a heartfelt congratulations to all the teams for their remarkable dedication and sportsmanship. Each participant brought their A-game, showcasing talent, teamwork, and determination.

To all Palm House students thank you for your exceptional performance and unwavering spirit throughout the competition. Your hard work and commitment truly paid off. However, beyond the results, what truly matters is the collective effort and the memories we've created together.

Regardless of whether we emerged victorious or faced setbacks, what counts is that we gave it our best shot and enjoyed the experience to the fullest. So, to everyone who took part, thank you for making sports day such a memorable and enjoyable event! Looking forward to future events. **GO PALM!!**



DHOW HOUSE

We are thrilled to announce that Dhow House has emerged victorious as the overall winners of this year's Sports Day! It is with immense pride that we are writing this newsletter as the sports captain of our house.

Sports Day was a day filled with excitement, competition, and team spirit. Our athletes put in their best efforts in various events such as relay races, tug of war, and soccer matches. The cheers and support from our fellow housemates motivated us to push ourselves to the limit and perform to the best of our abilities.

We are incredibly proud of each and every member of Dhow House for their dedication and commitment to sports. Through hard work and perseverance, we

were able to showcase our skills and emerge as the champions of Sports Day. Your determination and competitive spirit have truly made us stand out.

We would like to extend our heartfelt thanks to our coaches, teachers, and all the supporters who have helped us along the way. Your guidance and encouragement have played a significant role in our success.

Let's continue to uphold the spirit of sportsmanship and teamwork as we look forward to more victories in the upcoming events. Congratulations to Dhow House for an outstanding performance on Sports Day!

Dhow House Sports Captains,
Tameem Albalooshi
Sara Abduljalil



PEARL HOUSE

“This month the PE Department hosted a Sports Day which was a resounding success, with students and teachers alike enjoying a day filled with healthy competition, camaraderie, and fun. The event was meticulously planned and executed, ensuring that all students had a memorable experience.

Sports Day offered a diverse range of activities catering to different interests and skill levels. From traditional sports like football and basketball to more unconventional events like sack races and relay races, there was something for everyone. This variety ensured that all students had an enjoyable experience and contributed to the overall success of the event.

Sports Day not only promoted physical fitness and healthy competition but also fostered a sense of unity and collaboration among students. As we look forward to next year’s Sports Day, we can be confident that it will continue to be a cherished tradition that brings our house members together.”



ORYX HOUSE

We are thrilled to share the exciting news that our annual sports day event was a huge success! It was a day filled with high energy, friendly competition, and lots of fun for all participants.

From relay races to tug-of-war, sack races to three-legged races, our sports day offered a wide range of activities that catered to individuals of all ages and abilities. The team spirit that was displayed by all participants were truly inspiring. Our event kicked off with an opening ceremony that pumped up the participants and set the stage for an action-packed day. As the day unfolded, we witnessed some phenomenal performances, heartwarming displays of sportsmanship, and plenty of laughter and cheering from the sidelines.

At the end of the day, we wrapped up our sports day with a closing ceremony where we awarded medals to the winning teams and individuals. It was a proud moment for everyone who participated and a fitting end to a day of sportsmanship and teamwork.

Planning an event can be both exhilarating and rewarding. It involves creativity, organization, attention to detail, and effective communication with everyone helping. Seeing all the hard work pay off as attendees enjoy the event makes the planning process incredibly fulfilling.

Thank you to everyone who participated and helped make our sports day a tremendous success. Here's to many more years of fun, fitness, and friendly competition!







2nd Place

Senior School Sports League U14

27 Feb 2024



2nd Place

Under 10 Basketball Tournament in PSL

28 Feb 2024



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3rd Place

Senior School Sports League U14

25 Feb 2024



ACHIEVEMENTS

2nd Place

Football U19 Girls

13 Jan 2024



2nd Place Overall

FunRun ALL Girls

20 Jan 2024



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2nd Place Overall

FunRun ALL Boys

20 Jan 2024



2nd Place Relay

U11 Athletics Boys

22 Jan 2024



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