

ARKIS FLAMES Monthly Newsletter



مدرسة عبدالرحمن كانو الدولية
Abdul Rahman Kanoo International School

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We were excited to conduct **The House Tournaments** organized by our sports captains. It was fun, engaging and competitive! Well done to everyone involved in organizing it, and to all students that participated or cheered for their houses.

Have a sneak peak and enjoy!



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Olympics Week

OVERALL STANDINGS

House	Tic Tac Toe Race	Head, shoulder, knees, and cone	Relay Race	Dodgeball/Volleyball	Total
Oryx	34 P	35 P	29 P	38 P	126 P
Pearl	44 P	47 P	31 P	30 P	152 P
Dhow	32 P	29 P	27 P	29 P	117 P
Palm	35 P	43 P	25 P	29 P	132 P

PALM HOUSE



I had the privilege of participating in the ARKIS Olympics as a representative of Palm House, a sports event organized by my school. The event was a fantastic opportunity for students to showcase their athletic abilities and compete against one another in a friendly and supportive environment. The organizers had put together an impressive lineup of games which kept us engaged and entertained throughout the PE lessons . It was incredible to see students coming together, cheering each other on and displaying impressive teamwork. The event ran smoothly, thanks to the hard work and dedication of the organizers, who ensured that everything was well-coordinated and that we had all the necessary equipment. The ARKIS Olympics not only provided an opportunity for physical activity but also fostered a sense of unity and school spirit among us. It was an unforgettable experience, and I am grateful to have been a part of it.

ORYX HOUSE



As a student in high school, I had the opportunity to plan and execute a successful sports event that took place within my classes. I collaborated with my fellow sports captains and teachers to organize a friendly inter-class sports competition, which included various mini games such as, dodgeball, and relay races. The event brought together students from different grade levels and fostered a sense of camaraderie and school spirit. We allocated teams, secured equipment, and designated roles for teachers to

ensure that the event ran smoothly. The sports event was a great success, with enthusiastic participation from students and a supportive audience cheering on their classmates. It was a fun and memorable experience that not only promoted physical activity but also promoted teamwork and unity among students across different classes. Although the ARKIS Olympics wasn't an easy event to plan, I'm beyond grateful for the opportunity to have planned this event.

DHOW HOUSE



The School Olympics Week during PE lessons was an exciting and fun filled time for everyone at school.

The challenges between the houses Dhow, Oryx, Palm, and Pearl were incredibly thrilling and competitive. It was amazing to see the fierce spirit and sportsmanship displayed by all of you during this week. Everyone gave their best and we could not be more proud of the efforts put in by each of you.

The Olympics and the games played like Tic Tac Toe Race, Head Shoulders Knees and Cone, Relay Race, and Volleyball brought a lot of excitement and fun to the week. The atmosphere was electric and it was fantastic to see everyone enjoying themselves and giving their all in the spirit of healthy competition.

We want to extend our heartfelt thanks to all of you for making this School Olympics Week a huge success. Your dedication, enthusiasm, and determination made it an unforgettable week filled with memories that we will cherish forever. Let's continue to support and encourage each other as we strive for excellence in both sports and academics.

We look forward to many more such exciting events in the future.
With gratitude and spirit of sportsmanship,

Dhow House Sports Captains:

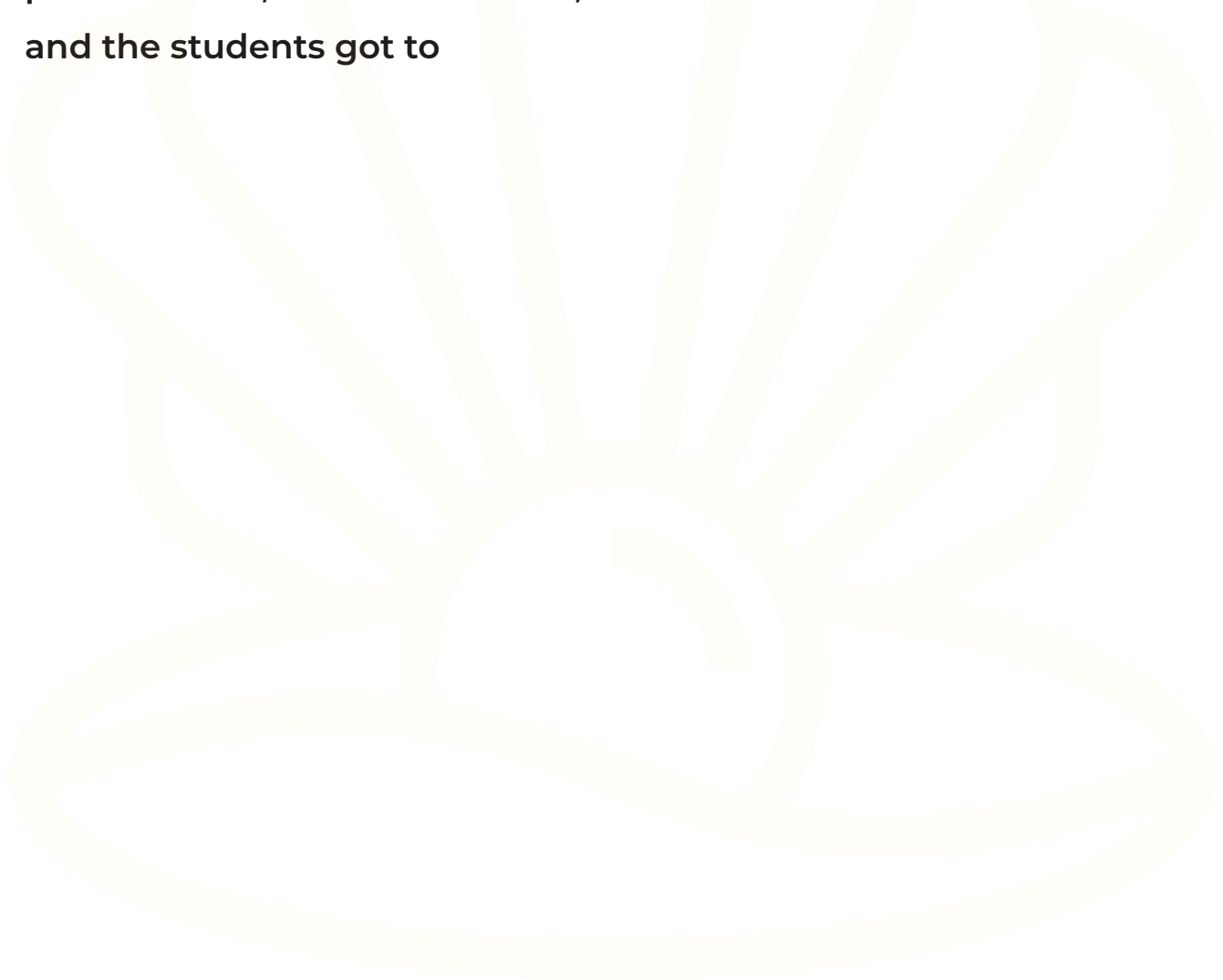
Tameem Albalooshi
Sara Abduljalil

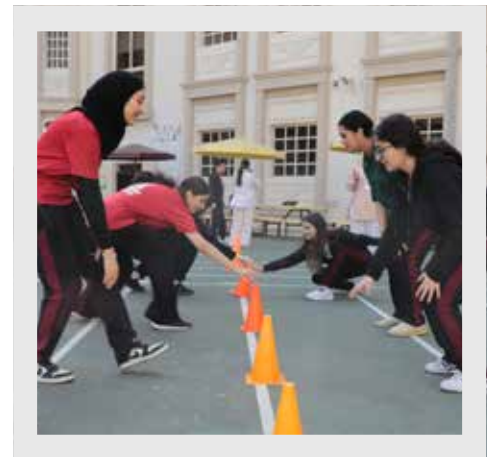
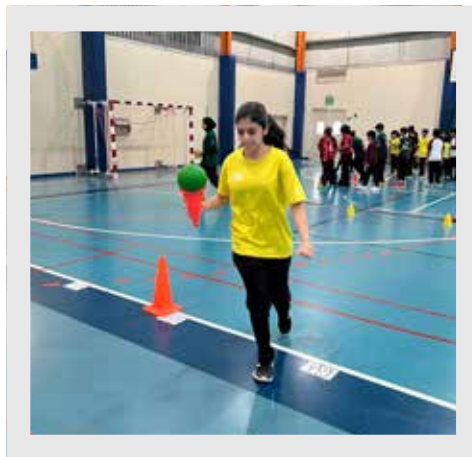
PEARL HOUSE

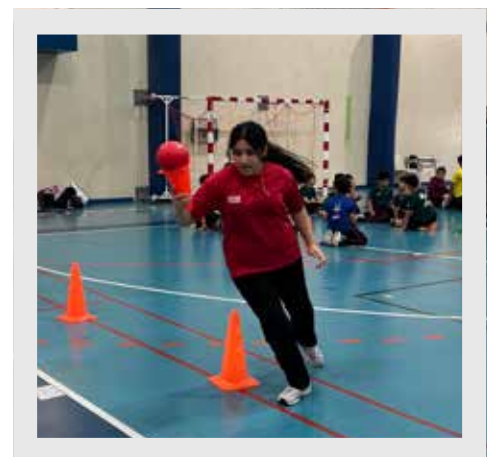


The Arkis Olympics was held during this month. Reflecting back we can see that it was a successful event. The Sports Captains worked really hard to bring this event to life and are really proud to see their hard work come to life. This event helped foster sportsmanship, perseverance, and resilience, and the students got to

participate in various sports activities and as one house and strived to gain as many points as possible. Our overall aim was to promote physical activity, sportsmanship, and a sense of community within the school environment and we can proudly say that it has been achieved.









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