



مدرسة عبدالرحمن كانو الدولية
Abdul Rahman Kanoo International School

ARKIS Flames

Monthly Newsletter



**Welcome to our school's
exciting sports newsletter!**

Our newsletter is your one-stop destination for all the exciting happenings in our school's sports scene.

PE Department Sports
Newsletter
**November/December
2024 | Issue No. 3**

“Keep your dreams alive. Understanding to achieve anything requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all the things are possible for those who believe.”

Gail Devers - Track and Field sprinter (60m, 60m hurdles, 100m and 100m hurdles)

It's been a very busy month with tournaments for Secondary and Elementary ARKIS FLAMES teams.

We are very proud of all the sporting achievements of the ARKIS students during the first term. Congratulations to everyone and many more to come!

Achievements

Bahrain Athletes' Sports (BAS league)



BasketBall U19 Girls: 3rd Place



Basketball U13 Girls: 2nd Place



Football U13 Boys : 1st Place



Football U13 Girls: 3rd Place

Senior School Sports League (SSS L)



Volleyball U19 Girls

Thank you to all the students who participated and tried their best in the following tournaments. We will continue to practice and strengthen our skills. Bravo for your efforts and teamwork.

Primary Sports League (PSL)



Football U11 Girls



Football U11 Boys

Sh.Nasser bin Hamad

The school participated in the Sheikh Nasser bin Hamad Football Championship. The team won its first match with a score of 3-0, but lost in the second match 3-1, which led to the team's exit from the tournament.



Does your son/daughter deserve to be recognized for their sporting achievements? If so, we want to know about it! Please feel free to send us updates and photographs as regularly as you like.

Email pe.head@arkis.edu.bh to tell us more. The best of luck to all ARKIS Students with any upcoming sporting endeavours!

Important Dates

Grades 1-3 Sports Day 20th January

Grades 4 & 5 Sports Day 21st January

Grades 9, 10, 11, & 12 (KS4 & 5) Sports Day 3rd February

Grades 6, 7, & 8 (KS3) Sports Day 4th February

We encourage all ARKIS students to take part in preparation for these sportive and memorable days!

Preparation is in progress and we would like to see each and every student to take part in this and to showcase their talents. We are looking forward to fun and engaging sports days.

Dhow House Message



Sports Captain
Sara Abduljalil

Vice Sports Captain
Reem Albalooshi

We hope you're all doing well! As your sports captains, we want to share some exciting news about the recent House Football Tournament. It was an incredible experience filled with competition, teamwork, and, most importantly, success for Dhow House!

From the moment the tournament began, it was clear how serious each house was about winning. Every match was intense, with players giving their all on the field. We witnessed some fantastic goals and fantastic teamwork as each house fought hard for victory.

We are proud to say that Dhow House came out on top! With the most wins in the tournament, we really showed what we're made of. The hard

work and dedication of our players were evident in every match, and it was amazing to see our team come together so well. A huge thank you to all the players for their incredible performances!

Our victories included strong games which were highlights of the tournament. The support from the Dhow House members made a big difference too. Hearing everyone cheer the players pushed them to perform even better.

Thanks to each one of you for making the tournament an unforgettable event. Let's keep this spirit alive in all our future games and activities. Dhow House shines bright, and we can't wait to see what we achieve next!



Palm House Message



Sports Captain
Abdulaziz Aldoseri

Vice Sports Captain
Durra Alkhabbaz

We wish this letter finds you in igniting spirits! We would just like to take a moment to reflect on the recent football house tournament that took place this month and how the football teams from all grades truly showcased the spirit of friendly competition and teamwork that defines our community.

We would like to start with the Grade 6-7 football matches which was the tournament that started the fierceness and passion within the palm house. Though, their first win it was clearly visible the excitement and pride as the crowd erupted with waves of cheers. It was truly a beautiful view to see that showcased unity and sportsmanship in the Palm house.

Moving on to the Grade 8-9 matches that took place right after the Grade 6-7 tournament. This tournament showcased the patience and endurance the participants had on the pitch and how they didn't give up one bit to scoring our house a goal. The crowd also showed full support for our football team portraying the solidarity that we aim to inspire and influence through our events and our house activities.

Lastly, we move on to the Grade 11-12 matches that we believe were the highlight of our events and truly the most inspirational matches I've seen throughout this week. All the matches for this event were full of energy and strong competition that unveiled the participants true potential and their wholehearted passion towards the game. At the end of each match we'd see the true happiness and sense of accomplishment the team held with pride which we strive to see in all of our sports events.

That's the summary of the November house football tournament and we would like to thank all the participants for all their efforts as it hasn't gone unnoticed. We hope to see the same liveliness and friendly competition in our future events and we encourage all of you to participate and showcase your high spirit in the field and represent the Palm house unity!



Oryx House Message



Sports Captain
Rashed Alrubaiaan

Vice Sports Captain
Muneera Alrubaiaan

We wanted to take a moment to share our recent experience planning a football tournament, which turned out to be a rewarding adventure filled with challenges and triumphs.

From the outset, we were both excited and overwhelmed at the prospect of organizing the tournament. The initial stages involved putting together a dedicated team. With the help of a few enthusiastic friends and community members, we brainstormed ideas and defined our goals.

Looking back, I am grateful for the challenges

we faced along the way. They taught us valuable lessons in teamwork, resilience, and the importance of planning. This experience has shown us the power of community when we come together for a common purpose. I'm already looking forward to making the tournament an annual event!

Thank you for taking the time to read about our experience. I hope it inspires you to join other sporting events. There's nothing quite like the joy of seeing a vision come to life and witnessing the impact it can have on others.



Pearl House Message



**Sports Captain
Lulwa Meshal**

**Vice Sports Captain
Hadeel Mohamed**

In the month of November, the Sports Captains hosted a Football Tournament, which was a great success. The competition brought together students from the Pearl House, showcasing talent, teamwork, and determination across every match.

From start to finish, the atmosphere was charged with energy, and the commitment from every player was evident. Although we didn't take the top spot, the true highlight of the tournament was the strong sense of teamwork and sportsmanship shown by all. Every player gave their best, supported their teammates, and played with great spirit.

A big thank you to everyone who participated, your energy and support made a huge difference. Looking ahead, we'll continue to build on what we've learned and prepare for future challenges. Let's keep up the energy and work together to improve as a team.



House results after Boys Football House Tournament

House Tournament - Football Boys

<i>Position</i>	<i>House</i>	<i>Points</i>	<i>Win</i>	<i>Draw</i>	<i>Loss</i>	<i>Goals scored</i>	<i>House Points</i>
1	<i>Palm</i>	19	3	4	2	4	50
2	<i>Oryx</i>	19	2	6	1	2	40
3	<i>Dhow</i>	17	3	2	4	3	30
4	<i>Pearl</i>	15	1	4	4	2	20

Congratulations to all Houses and students that took part in this whole school house tournament event.

Thank you to students who supported their house teams by cheering for them and keeping the environment safe and clean. Next Term it will be many more, including girls tournaments and Sports Days.

ARKIS



FLAMES

ARKIS FLAMES NEWSLETTER

November / December 2024