



مدرسة عبدالرحمن كانو الدولية
Abdul Rahman Kanoo International School

ARKIS Flames

Monthly Newsletter



**Welcome to our school's
exciting sports newsletter!**

Our newsletter is your one-stop
destination for all the exciting
happenings in our school's
sports scene.

PE Department Sports
Newsletter | **September**
2025 | Issue **No. 1**

Newsletter for the Month of **September!**



Yelena Ciric
Head of PE Department

Welcome to ARKIS FLAMES Newsletter for the Month of September!

***“Your dreams are what define your individuality.
They have the power to give you wings and make
you fly high.”***


– P V Sindhu

A New Beginning in Sports

Time truly flies when it comes to sports—it is the one thing that makes us forget about time because of the joy it brings. With great excitement, we have officially kicked off the 2025/2026 academic year at ARKIS, and what a start it has been! This month has already been filled with energy, events, and enthusiastic participation from our students across all grade levels.

Performance Trials and Selection

The PE Department began the year with preliminary performance trials for a variety of sports including:

-  **Soccer**
-  **Table Tennis**
-  **Badminton**
-  **Volleyball**

These trials gave every student a fair opportunity to showcase their talents, experience healthy competition, and learn the value of teamwork. The trials were extremely successful, resulting in the selection of outstanding student-athletes who will proudly represent ARKIS in the upcoming sports season.

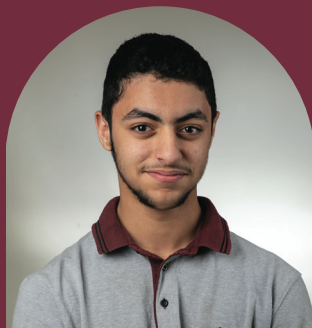
Building Future Champions

Those selected were invited to continue their training during team sessions, ensuring they receive the right guidance, support, and opportunities to sharpen their skills. Our coaches and teachers were thrilled to witness such passion, determination, and resilience from our students.

ARKIS FLAMES Boys' Table Tennis Team



Hadi Hassan
U19



Isa Al-Wazan
U16



Saud Al-Hashimi
U13

ARKIS FLAMES Girls' Table Tennis Team



Sheikha Noura Al-Khalifa
U19



Fatima Al-Kuwari
U16



Reema Al-Moayyad
U13

Table Tennis SSS League Championship



Fatima Almoathin
1st Place
U13

Season Kick-Off

The sports season is already underway, and our athletes have started competing with spirit, pride, and dedication. We are proud to celebrate the first victories and trophies of the year, which are a testament to the hard work and commitment of our student-athletes.

A huge congratulations to all who have made ARKIS Flames proud—we look forward to many more moments of triumph in the months ahead!

Table Tennis BAS League Championships

1st Place



Sh.Noora Al-Khalifa
U19

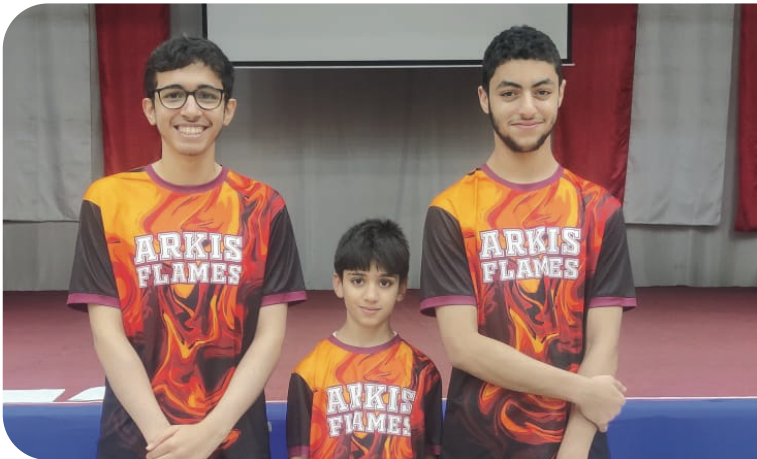
2nd Place



Fatima Al-Kawari
U16

Our table tennis team played exciting matches and was a worthy opponent in all the games they played, both boys and girls. Unfortunately, some points and decisions determined the outcome of the matches.

BAS L - Table Tennis



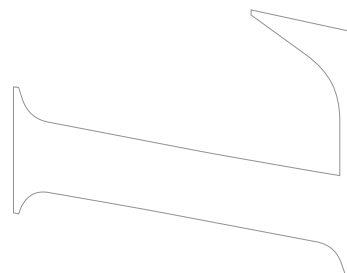
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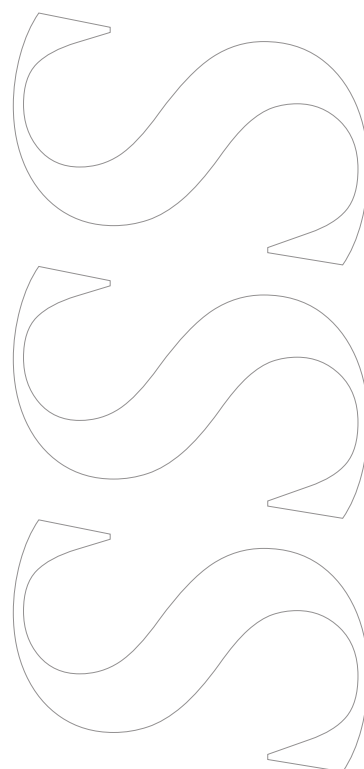
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SSS L - Table Tennis



1st Place
Fatima Almoathin





Palm House Message



Dear Palm House Members,

Welcome to a new chapter for Palm House! As your Sports Captains, we're proud to lead such an amazing team this year. Our goal is not only to achieve success in competitions, but also to grow as a family that values effort and pride. Every cheer, every step, and every moment we share makes a difference. We want every one of you to bring your energy, your spirit, and your best effort and make this year the most memorable year yet.

Regards,

Palm sports captains

Sports Captain, Ruqaya Radhi

Vice Captain, Sarah Mohammed



Dhow House Message



Dear Dhow House Members,

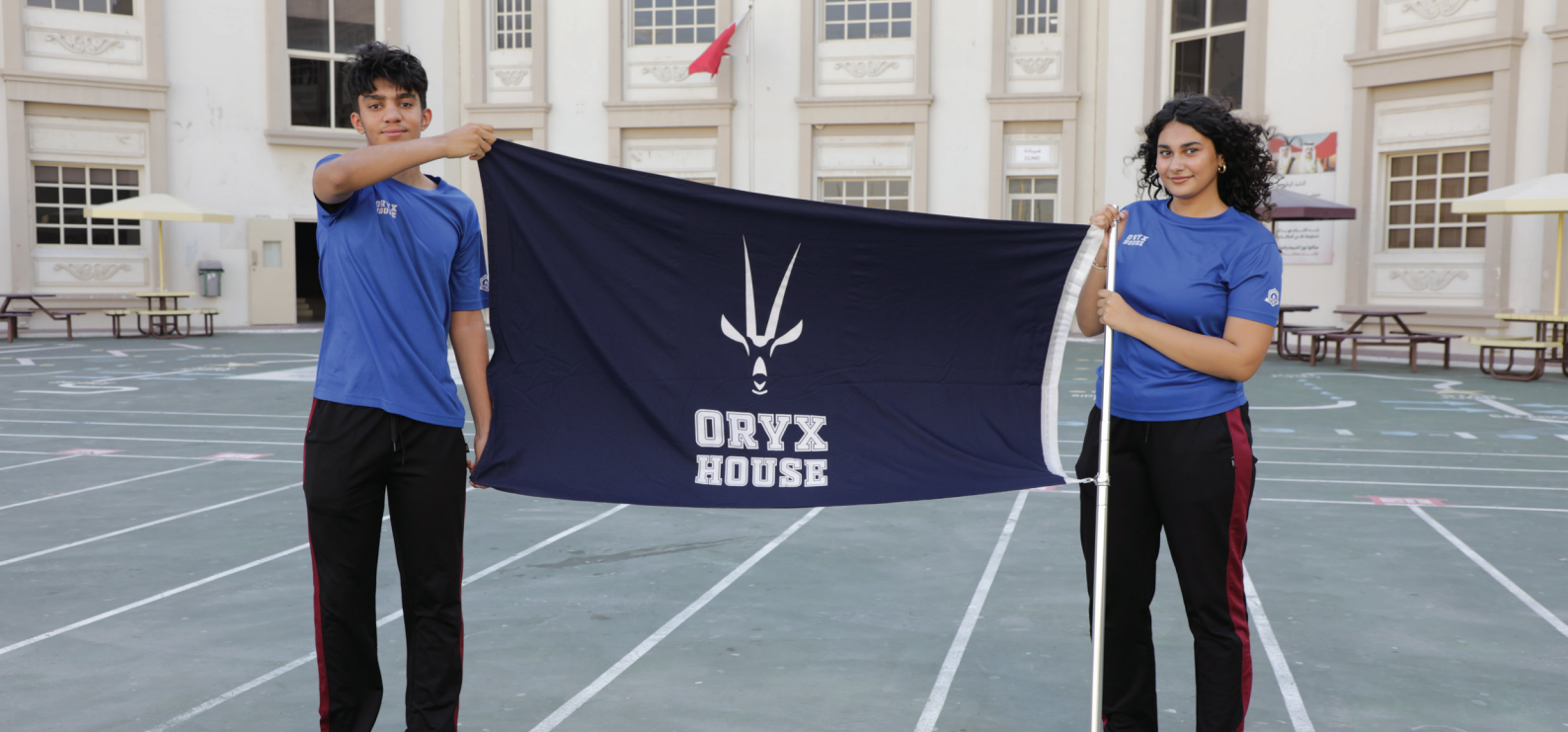
Welcome to a new year filled with opportunities to grow, achieve, and shine. Our house has always stood for teamwork, determination, and spirit. Every one of you brings unique talents that make us stronger together. Let us support each other, push past challenges, and aim to set new records this year.

Regards,

Dhow sports captains

Sports Captain, Adam Theibich

Vice Captain, Yousif Almeen



Oryx House Message



Dear Oryx House Members,

We are truly honored and grateful to have been chosen as your Sports Captains for this academic year. It is a privilege to represent our house and to be entrusted with the responsibility of leading and supporting our team.

This role is not just about competing in sports, it is about teamwork, dedication, and upholding the spirit of Oryx House. We are committed to giving our best, encouraging everyone to participate with passion, and ensuring that every member feels proud to wear the Oryx colors.

Thank you for believing in us and giving us this opportunity. Together, let's make this year one filled with energy, determination, and unforgettable victories.

With gratitude,

Your Oryx House Sports Captains

Sports Captain, Muneera Alrubaiaan

Vice Sports Captain, Mohammed Alsaleh



Pearl House Message



Dear Pearl House Members,

We are so excited to officially welcome everyone back to Pearl House for another amazing year! Pearl has always been more than just a house; it's a family where we encourage, support, and celebrate one another.

Over the past years, we've seen how strong and united Pearl can be, whether it's through competitions, events, or just showing up for one another. This year, we want to keep that spirit alive and take it even further. Together, we can make Pearl stand out not just for achievements, but for the energy, creativity, and positivity we bring as a team.

Let's all come into this year ready to give it our best, to cheer each other on, and to make the most of every opportunity. Whether big or small, every effort counts.

Here's to a year full of success, fun, and unforgettable memories. Let's show everyone what Pearl House is all about!

With pride,
Sports Captain, Lulwa Alzayani
Vice Sports Captain, Ahmed Haqiqi

Closing Note

This is just the beginning of what promises to be an inspiring year in Physical Education and Sports. Together, we will continue to nurture not only athletic talent but also the values of perseverance, teamwork, and sportsmanship that define true champions.

Let's make 2025/2026 a year to remember—
Go Flames!



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